

Parish Retreat

"Seven Desires of Every Heart"

Presented by

Brother Michael Lautieri O.C.S.O
Monastery of the Holy Spirit

Sponsored by the COKAS Parish Pastoral Council

Saturday, October 21
10:00-3:00
Church Social Hall

We all share seven God given desires: 1. To be heard and understood 2. To be affirmed 3. To be blessed 4. To be safe 5. To be touched (in a healthy way) 6. To be chosen 7. To be included. Whether you are an adult or a teenager, this retreat will help you understand how to satisfy these desires in yourself in a healthy way pleasing to God and be sensitive to these needs in others. It is based on the book, *Seven Desires of Every Heart*, by Mark & Debra Laaser, copies of which are in our Parish Library.

The registration fee is \$25 per person for adults. This includes your lunch and a donation to the Monastery of the Holy Spirit.

High school students who are enrolled in COKAS Youth group may register for free!!!

Register online at: www.cokas.org. Under Parish Info & News, select Parish Retreat.

Or you may register after Mass on the following days: Sept. 30/Oct. 1; Oct. 7-8; or Oct. 14/15

The registration deadline is October 15

If you have any questions about the retreat, contact Bill Richards at
bill.richards@gcsu.edu